

# Water Safety Instructor Training Program

Wednesday, June 29 8:00-6:00

Thursday, June 30 8:00-6:00

Friday, July 1 8:00-6:00

Saturday, July 2 8:00-6:00

## Water Safety Instructor Training Program

The purpose of this course is to train instructor candidates to teach water safety, including the Basic Water Rescue course, six levels of Learn to Swim and Adult and Child Aquatics.

The class will run on June 29, 30, July 1, and 2 (Wednesday through Saturday) from 8 A.M. to 6 P.M. All classes without exception are mandatory.

The W.S.I. course fee is \$300 for C.S.C. members and \$325 for non-members. Your registration information needs be accompanied with your payment for the course. Checks should be made payable and mailed to the Cohasset Swim Center, P.O. Box 132, Cohasset, MA 02025.

Please include in your registration information: Water Safety Instructor Training Program

Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

Address/town/state/zip: \_\_\_\_\_

Email: (Print Clearly) \_\_\_\_\_

Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_

We have had an overwhelming response for this program and limited class space. Applicants are accepted on a first come, first serve basis as we receive mailed or online registration and payment. Your registration information needs be accompanied with your payment for the course. Simply register online and pay by credit card or checks should be made payable and mailed to the Cohasset Swim Center, P.O. Box 132, Cohasset, MA 02025.

**Prerequisites:** Minimum of age 16 by end of course. Possess a Fundamentals of Instructor Training (FIT) course. (This is included in the training) Successful completion of pre-course session, consisting of tests of water safety and swimming skills and knowledge.

**Prerequisite Skills Test** - Must be able to perform these skills:

Must be able to perform at an American Red Cross level 4 swimming criteria the six basic strokes, front crawl, back crawl, elementary back stroke, breast stroke, side stroke and butterfly. Candidate must also be able to float for 1 minute and tread water for 1 minute.

If a registered applicant does not pass the Prerequisite Skills Test, there is an administrative and testing fee of \$80 we will be unable to refund.

Any questions, please forward them to: [Cohassetswimcenter@comcast.net](mailto:Cohassetswimcenter@comcast.net)